



VISION BOARD

Starter Kit

BY FINDING PEACE 101



START BUILDING YOUR VISION BOARD TODAY



WHAT IS A VISION BOARD?

- Vision boards help you clarify your goals, focus your energy, and stay aligned with your dreams.
- They serve as daily visual reminders of what you are calling into your life.
- When you can see it, you can start to believe it. And when you believe it, you align with the energy to receive it.

”

What you focus
on expands!

”



The Power of Visualization




SEE IT. FEEL IT.
BECOME IT.

Visualization is stepping into the vibration of your future self.

When you feel the emotions of already living your dream, you attract those experiences.

INSPIRATION

Close your eyes.
Picture Your Dream Life!
What do you see?
What do you feel?





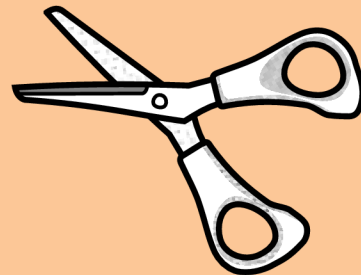
VISION BOARD THEMES

Pick themes or sections that speak to you. What things do you want to bring into your life?



HERE ARE A FEW IDEAS:

- SELF-LOVE
- CAREER & SUCCESS
- FINANCIAL ABUNDANCE
- HEALTH & WELLNESS
- TRAVEL & ADVENTURE
- DREAM HOME
- RELATIONSHIPS
- NEW CAR



Circle any of the themes above that speak to you or add your faves below.





MY VISION BOARD PLANNER

Map Out Your Vision

My top 3 goals: 1. _____
2. _____
3. _____

Words that describe my dream life: _____

Colors that inspire me: _____

Emotions I want to feel: _____

Gather Your Inspiration



What to include on Your Board Checklist:

- Photos that inspire you ☐
- Quotes or affirmations ☐
- Words that spark emotion ☐
- Symbols or doodles ☐
- Personal Photos ☐
- Colors that light you up ☐
- or have an AI app create the photo or graphic you'd like. ☐





MY VISION BOARD PLANNER

Step-By-Step Guide to Build Your Vision Board

1. Set an intention and choose your board style.
2. Gather your materials: magazines, Canva images, scissors, glue, pins, tape, etc.
3. Find words, images, and colors that match your vision.
4. Arrange your board intuitively—there's no wrong way!
5. Place your board where you can see it daily.

Digital Vision Board

Assembling your Digital Vision Board

- Find a blank Canva Template with image placeholders
- Section Headers for different life categories
- Drag and drop images, quotes and text





CONGRATULATIONS

CONGRATULATIONS YOU'RE
ON YOUR WAY TO FINISHING YOUR VISION BOARD

Now... Speak it into existence!

Affirmation:

I am aligned with my dreams. I am worthy of
everything I desire. My vision is unfolding perfectly.

or

Write your personal affirmation: _____

I'm
Proud of You

Keep Going, You're Building Magic!

Trust yourself. You're worthy of everything you're visualizing.

Your vision board is your playground—have fun with it!

Revisit your board often, refresh it with new dreams, and realign with what truly excites you now. Staying connected keeps your energy flowing and your heart open to what's meant for you.

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